



Align

Personal Career Focus

In recent years we have found ourselves increasingly working with individuals and business teams on performance and development alongside our established recruitment and executive search services. We are now excited to be enhancing our offering to both candidates and clients with the introduction of our **inTeams** coaching programs.

The first of these is the **Align Program**, addressing the challenging situation many individuals have found themselves facing in recent months.

The goal and outcome of the **Align** program is to provide individuals with a clear sense of who they are and how they want to take themselves forward in their career, together with a new-found level of self-knowledge and confidence.

Our principal coach Isabelle, is accredited in a number of personal development tools and systems, which focus on behaviour, strengths assessment, decision styles, team and culture fit, resilience, leadership and attitude.



The **Align** program includes:

- Self-evaluation and reflection
- A tailored series of personal development exercises including interpretation and debriefing together
- Achievements and goal setting
- Career journey review and reset
- Personal presentation materials and channels – Update and Review
- Strategies for Job Search and Interviews.

The **Align program can be tailored to individuals or group requirements.***

The program which is usually delivered over three months*, is based around a series of live and confidential calls with the provision of a series of personal development tools, paired with specific guidance and advice from Isabelle. The program is structured around a weekly accountability plan and continuous review to keep up the momentum, drive and energy.

Align is delivered as part of the **inTeams** series of bespoke performance coaching programs. **Align** is the first stage of the **Align, Elevate & Perform** suite, developed to support both individuals and teams at key stages of their professional development.

"This program is much more than looking at business and career opportunities. It is a journey of self-evaluation and reflection involving a complete personal and professional reset which can be extremely powerful. As a coach & mentor I find it incredibly rewarding and enlightening."

Isabelle Wear, Principal Coach & Consultant.
Member EMCC.

If you would like to discuss **Align** or any of the **inTeams** bespoke performance coaching programs, please contact Isabelle Wear on +44 (0) 7852 878997 | or email isabelle@interfacio.com

*Terms and conditions apply.

"Not everyone will understand your journey. That's fine. It is not their journey to make sense of it. It is yours"
Zero Dean



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